

# Children's Eye Health and Safety Month:

## What you need to know

Children's Eye Health and Safety Month is a partnership between Prevent Blindness America and the American Academy of Ophthalmologists. Here are some important points they would like you to know:

### Eye Health

- Your pediatrician should check children's eyes during regular appointments. Vision testing should begin around age three.



- Look for signs of vision problems in children and have them checked out immediately:

- ◆ Wandering or crossed eyes
- ◆ Family history of childhood vision problems
- ◆ Lack of interest in reading or looking at objects
- ◆ Squinting or unusual head turning while watching TV
- ◆ Drooping eyelids
- ◆ Signs of color blindness
- ◆ Signs of nearsightedness, farsightedness, or astigmatism

### Eye Safety

- Avoid having your kids be one of the nearly 50,000 sports related eye injuries each year. How? Wear protective eyewear while playing sports or enjoying recreational activities.
- Avoid toys with sharp or protruding parts.

The logo for HealthSCOPE BENEFITS. The word "HealthSCOPE" is in blue, with "SCOPE" in green. Above the "SCOPE" part is a decorative arc of blue dots. Below "HealthSCOPE" is the word "BENEFITS" in blue, all caps.